



# REASIDE NEWSLETTER

## 15TH DECEMBER 2023

REASIDE



PRIMARY ACADEMY



@reasideacademy

www.reasideacademy.co.uk

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Reaside Academy



DIARY

### MESSAGE FROM MRS CARRIER

School has been full of Christmas joy and singing for the last week or so, as we hurtle towards the big day! The children and staff have been working incredibly hard to make sure that they put on a Christmas performance that will entertain and make you smile next week! Our children have also been busy planting new trees on the school grounds and our choir have visited The Oaks residential home to brighten their day with some Christmas songs.

We are looking forward to welcoming you to one of our Christmas performances next week and hope that lots of you can join us.

Have a lovey weekend!



### DATES FOR YOUR DIARY

**19th December** - Christmas performance for phase 1 parents (3&4) 2.15 pm

**20th December** - Christmas performance for phase 2 parents (5&6) 2.15 pm

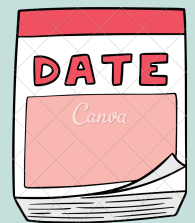
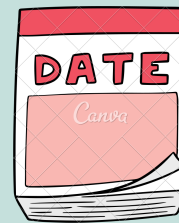
**21st December** - Christmas dinner & Jumper Day

**22nd December** - Teacher's training day

**8th January** - Teacher's training day

**9th January** - Children back in school

Please see Reaside Academy 23/24 parent's plan for further dates



### SUPPORT FOR FAMILIES OVER THE HOLIDAY

For some families the holiday period can be a difficult time, from juggling childcare to coping with the cost-of-living crisis and searching for affordable ways to celebrate the festive period.

Family Action are there to support families through the school holidays and all year long.

Families can access the service Monday to Friday, 9am to 9pm by phone: 0808 802 6666, Text message: 07537 404 282 or Email: [familyline@family-action.org.uk](mailto:familyline@family-action.org.uk)

To find out more visit <https://www.family-action.org.uk/familyline>



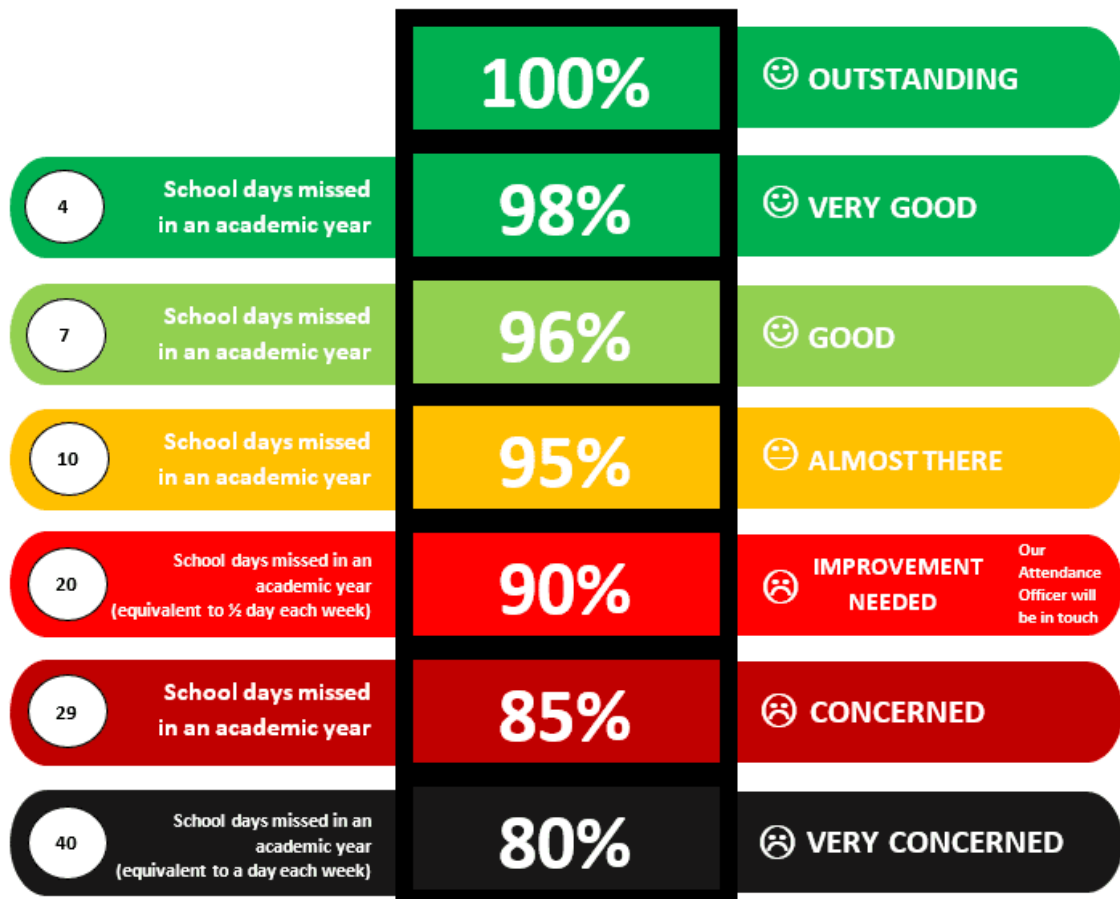
### BREAKFAST CLUB

A reminder that our breakfast club runs every day from 8am. This is completely free! If you would like your child to attend, please add your child to the waiting list at the school office as breakfast club is now full.



## ATTENDANCE MATTERS

# Attendance Ladder



**Our school attendance target is 96%.**

**Best classes attendance this week: 4OL & 6K with an amazing 95%!**

**Whole school attendance figure year to date: 93.5%**



### Class attendance:

**3B – 93%**  
**4J – 94%**  
**5B – 91%**  
**6K – 95%**

**3S – 93%**  
**4OL – 95%**  
**5C – 93%**  
**6W – 93%**



On Wednesday 13th December, the children who attend the multi-sports after school club enjoyed a very special visit from two players from BCFC Women. Lucy Quinn and Neve Herron spoke to the children about their experience as professional players, playing in the Women's World Cup and what drives their passion. The children won free tickets to a BCFC Women's game and got to showcase their skills with a game of football afterwards!



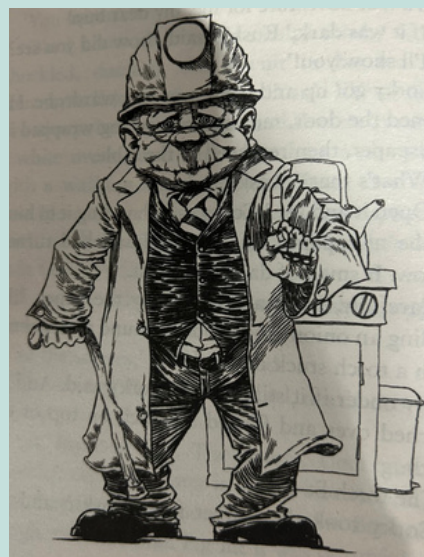
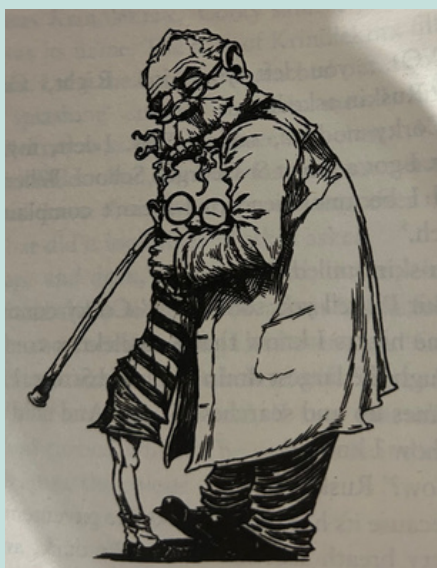
This week our eco council started planting over 100 new trees in the school grounds to offset our carbon footprint.



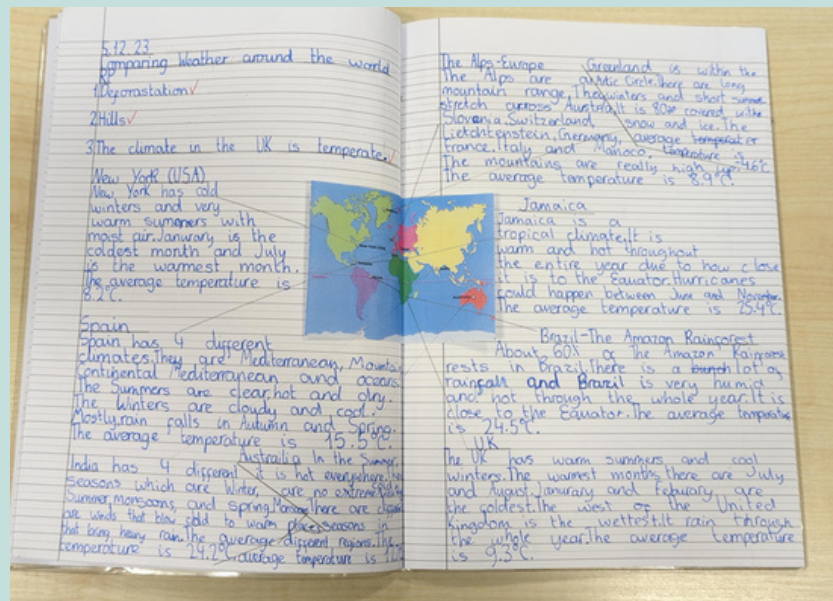
Year 3 have been working over the past few weeks to design and create a cushion. They have been developing their stitching skills and have come up with some very creative designs!



Year 4 have been working hard this week to plan and write their own version of KrindleKrax. The children have written fabulous character descriptions and setting descriptions. We look forward to competing and publishing these next week.

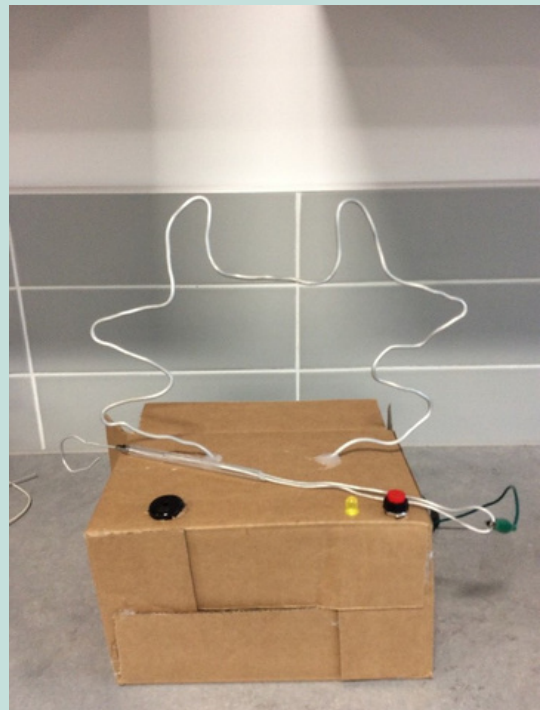
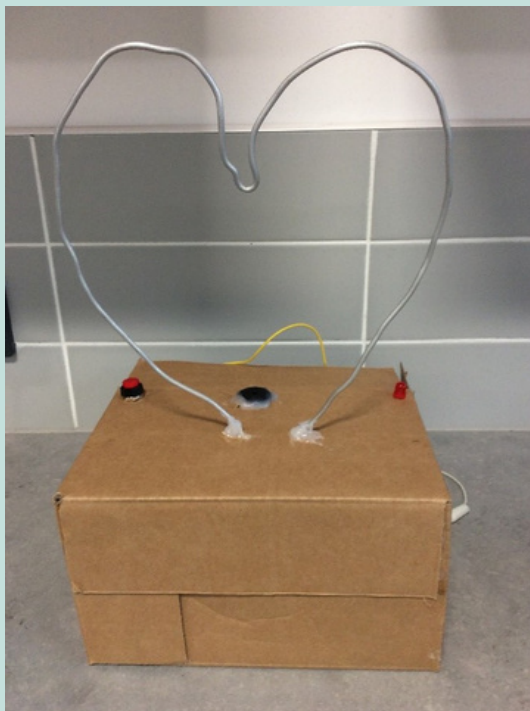


Year 5 have been comparing weather from around the world. We looked at their relative locations and how that would affect the type of weather they experience!



### Another week in Year 6!

In DT over the last few weeks, we have been creating 'Steady Hand' games. After evaluating a commercial game, we worked together to design and build our own: we ended up with finished working models, which could be played! We included buzzers, LEDs and a wand for the game to work using an electrical circuit hidden in the base of the game. It was a very successful process and we even thought about how we could improve our games if we built them again.



# TEACHING NEEDS YOU



You could train to be a teacher  
here and unlock your career

**GREENHEART**  
PRIMARY TEACHER TRAINING



Email [itt@greenheartlearning.org](mailto:itt@greenheartlearning.org) or visit our website [www.greenheartlearning.org](http://www.greenheartlearning.org)

# GREENHEART

## PRIMARY TEACHER TRAINING



## Shaping futures through the power of education

### Train to be a qualified primary teacher based at a Greenheart school

Choosing to embark on a career in primary teaching is a remarkable decision, one that holds the promise of shaping young minds and impacting the future. At **Greenheart**, we understand the significance of this decision and are here to support every step of the way.

We have partnered with Teach First and Sheffield Hallam University to deliver our own **Post Graduate Certificate in Education (PGCE)** course leading to **Qualified Teacher Status (QTS)**. With these qualifications, and the expertise developed during our course, you will be a fully qualified Primary teacher.

### About our course

Training starts in September and lasts three terms. Trainees will have a tailored approach to development that will help build knowledge and confidence as they become more accustomed to the learning environment. The course begins with intensive training giving trainees a solid foundation in education theory. Trainees will then join a primary class and begin increasing their role in their learning as their skills and understanding build.

During the course, trainees will be supported by a trained Mentor and lead practitioners. They will benefit from being part of a group of trainees with a support network and a programme of developmental seminars and conferences.



## Where we are

Trainees will be based in one of our schools situated in Birmingham and the wider West Midlands region, including Rubery, Kings Norton, Walsall, Quinton, Northfield, Longbridge, Cannock. [See our Academies](#)

Seminars and conferences will be held at our conference facility in Birmingham city centre, with excellent access from New Street station.

## Finance

Training as a teacher is an investment in your future. Teaching is a wonderful profession that gives you the potential to have a hugely positive impact on the lives of future generations.

Training to teach takes commitment, not just of your time but financially. In the long-term, teaching can be a hugely rewarding career that has good stability, progression and high salary levels. However, the training year is a full-time course, and you will need to budget accordingly. You can find out more about finances and practical support for training to teacher from the [Get Into Teaching website](#).

## How to apply

We offer two courses specialising in either Early Years and Key Stage 1 (3-7years) or Primary (5-11years). Both courses qualify you to work across the primary phase. Your choice will indicate where the majority of your training will be based but will not limit the primary age range you can work in during your career. If you would like to discuss your choice please contact [itt@greenheartlearning.org](mailto:itt@greenheartlearning.org)

Applications are open. Apply through the GOV.UK teacher training website, or follow the links below directly to our courses:

[PGCE Early Years and Primary \(3-7\)](#)

[PGCE Primary \(5-11\)](#)



For more information, visit our website [www.greenheartlearning.org/ITT](http://www.greenheartlearning.org/ITT)



**GREENHEART**  
PRIMARY TEACHER TRAINING



# MENTAL HEALTH SUPPORT TEAM



If you see one of  
us around school,  
please do not  
hesitate to say hi!

## TERMLY NEWSLETTER TO PROMOTE MENTAL HEALTH AND POSITIVE WELLBEING Welcome to MHST's pupil newsletter

### LOW MOOD

We all have lots of different emotions that we feel. Sometimes we feel happy, sad, scared, worried or excited. When people feel sad for a long time this is called low mood. Everybody feels low sometimes and that is okay. Low mood can become a problem if it is lasting for a long time and you are struggling to feel better.

#### What does low mood feel like?

I want to cry, all  
the time

I feel like I have a  
heavy black cloud  
over me all the time

I just don't want to  
do anything  
anymore

#### REMEMBER

It is ok to feel sad sometimes, but it is important we know how to make ourselves feel happy again. Learning and understanding what makes you feel low can help us you know what to do when you feel sad.

#### Examples of things you can do to make you feel happy:

- Playing a game
- Going shopping
- Having a talk with friends
- Colouring or drawing
- Playing sports
- Help with the gardening
- Cleaning bedroom
- Helping out with grandparents



#### Reaching out

##### Pause:

Forward Thinking Birmingham's drop in wellbeing service for young people up to 25.

##### YoungMinds:

Charity supporting children and young people with their mental health.

##### #You'vebeenmissed

Mental health resources for parents and children.

**Mental Health Support Team** – we work in your school and are available to help you, if needed

#### Helpful App

##### Dailyo Journal – Mood Tracker (via PlayStore)

Free Mood Tracking App for teens and adults to give insight in mental health and activities that promote a good mental health and wellbeing



#### Examples of things you can do to improve your mood:

Make a list of the things that help raise your mood and are meaningful to you. Keep this list somewhere you can easily look at so that you can use it when you are feeling low.





**FREE\***  
**Winter Football  
& Multisports  
Camp**

**@St Thomas  
Aquinas School,  
Kings Norton**

**10 places remaining**

**book @**

**[www.bit.ly/winterbiob](http://www.bit.ly/winterbiob)**

**\*free for kids on free school  
meals. Paid places also available**