

# REASIDE NEWSLETTER

## 1ST DECEMBER 2023

REASIDE



PRIMARY ACADEMY



@reasideacademy

www.reasideacademy.co.uk

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Reaside Academy



### MESSAGE FROM MRS CARRIER

We've had a very busy few weeks in school since the last newsletter. Our year 3 children enjoyed a trip to Cannon Hill park this week where they continued their learning about rivers; Year 5 have explored rainfall data linking in with Geography unit of work and Eco Council have continued to keep our site looking beautiful by completing litter picks!

Our Christmas tree arrived in school today which is always a sign that the big day is creeping ever closer! We are looking forward to seeing lots of you at our annual book fair in school next week.

Have a lovely weekend - I think you may need to wrap up warm!



### DATES FOR YOUR DIARY

**4th - 11th December** - Book fair

**8th December** - Christmas Jumper day

**15th December** - Choir to the Oak at 11am

**19th December** - Christmas performance for phase 1 parent

**20th December** - Christmas performance for phase 2 parents

**21st December** - Christmas dinner & Jumper Day

**22nd December** - Teacher's training day

Please see Reaside Academy 23/24 parent's plan



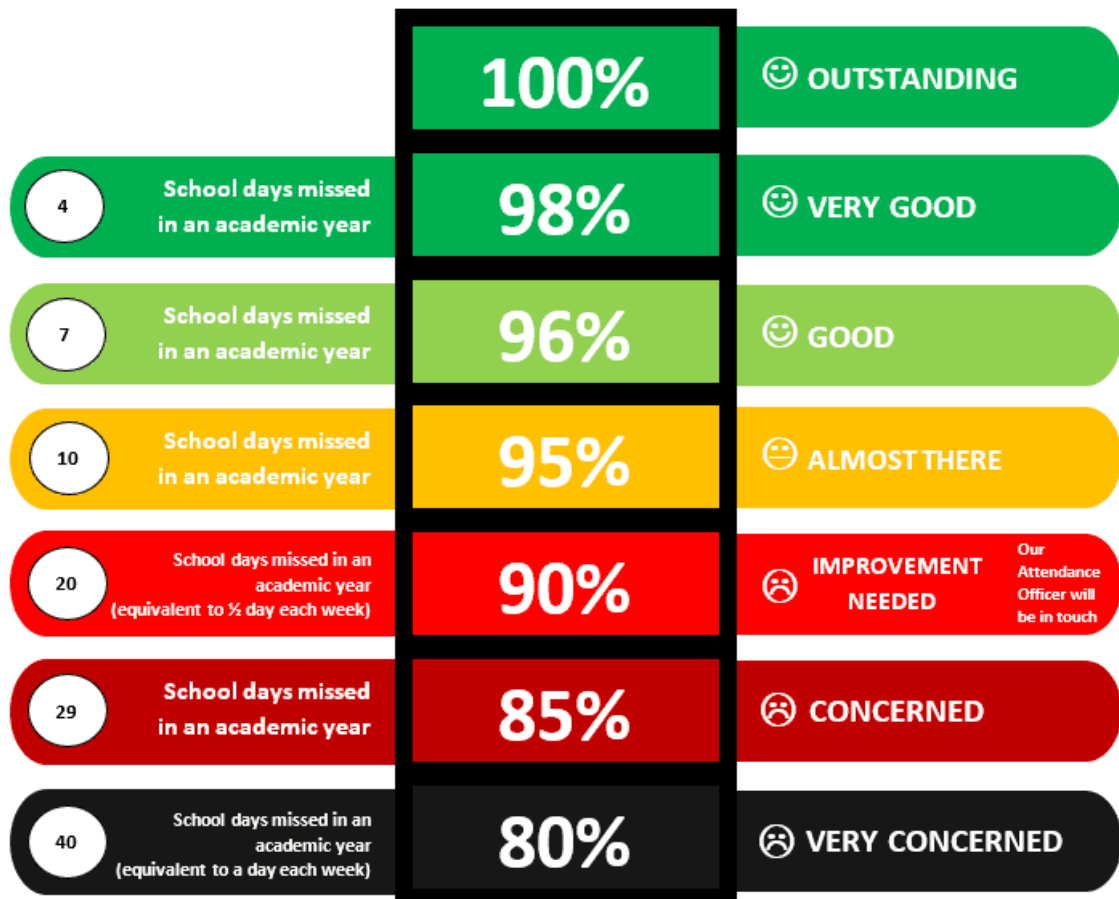
### BREAKFAST CLUB

A reminder that our breakfast club runs every day from 8am. This is completely free! If you would like your child to attend, please add your child to the waiting list at the school office as breakfast club is now full.



## ATTENDANCE MATTERS

# Attendance Ladder



**Our school attendance target is 96%.**

**Best classes attendance this week: 6K with an amazing 96%!**

**Whole school attendance figure year to date: 93.9%**



### Class attendance:

**3B – 93%**  
**4J – 94%**  
**5B – 93%**  
**6K – 96%**

**3S – 93%**  
**4OL – 95%**  
**5C – 93%**  
**6W – 93%**



Year 3 have been on two very exciting trips to look at the journey of a river from its source in Waseley Hills to the middle course in Cannon Hill Park. They enjoyed seeing how the river had changed along its journey and learning about how factories in Birmingham used the river to run.



This week in year 4, the children made Christingles as part of our Christianity unit in RE.





Year 5 have been learning about British weather. This week they explored rainfall data and interpreted it using their geographical knowledge.


3. What influences the climate in the UK is the ocean currents at different temperatures, cold air travelling from the polar regions the western wind that brings moisture.

4. The mountains effect in the UK by the force of the wind to rise and cool which makes more clouds and rain.

5. Altitude is how high somewhere is above the sea level. It creates a temperate temperature.

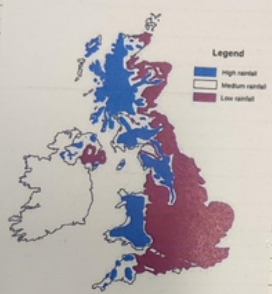
6. It impact the south east of England by the hot air from Africa which makes it a generally a warmer region.

Explain the average temperatures between these two locations.



Brighton is hotter because during the summer than Newcastle because the highest in Brighton was 20° and Newcastle is 11°. Brighton is hotter because of the hot air from Africa makes it warmer.

28.11.23  
Extreme weather: Flooding  
RP:



Legend  
Blue high rainfall  
White medium rainfall  
Red low rainfall

According to my data it rains the most in the north and the west this is because the mountains make rain clouds by making the wind rise and cool.

Another week in Year 6! We travelled to the ThinkTank in Birmingham to explore the scientific concepts of Electricity and Our world. Year 6 were fantastically engaged by a great lecture on the history of Electricity and the scientists who shaped our understanding of it.

We then explored the various floors of the museum allowing the children time to explore the hands on exhibits. We even managed to spend time in the very entertaining Science Garden.

We had lots of lovely comments from museum staff regarding the attitude and behavior of the year group which was lovely to hear.

The Year 6 team.



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FOR YOUR  
SCHOOL WHEN  
YOU BUY AT  
THE BOOK FAIR!**

 **SCHOLASTIC**



**TRAVELLING BOOKS**

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**LAST YEAR, YOUR SUPPORT HELPED  
TO DONATE OVER £5.3M BOOKS TO  
SCHOOLS NATIONWIDE**

**A POP-UP  
BOOK-STORE WITH  
HUNDREDS OF BOOKS  
FROM JUST  
£2.99**

**Scan the  
QR code to  
pay online!**



**4<sup>th</sup> - 11<sup>th</sup> December**

\*Free books are subject to terms and conditions



# TEACHING NEEDS YOU



You could train to be a teacher  
here and unlock your career

**GREENHEART**  
PRIMARY TEACHER TRAINING



Email [itt@greenheartlearning.org](mailto:itt@greenheartlearning.org) or visit our website [www.greenheartlearning.org](http://www.greenheartlearning.org)

# GREENHEART

## PRIMARY TEACHER TRAINING



Shaping futures through the power of education

### Train to be a qualified primary teacher based at a Greenheart school

Choosing to embark on a career in primary teaching is a remarkable decision, one that holds the promise of shaping young minds and impacting the future. At **Greenheart**, we understand the significance of this decision and are here to support every step of the way.

We have partnered with Teach First and Sheffield Hallam University to deliver our own **Post Graduate Certificate in Education (PGCE)** course leading to **Qualified Teacher Status (QTS)**. With these qualifications, and the expertise developed during our course, you will be a fully qualified Primary teacher.

### About our course

Training starts in September and lasts three terms. Trainees will have a tailored approach to development that will help build knowledge and confidence as they become more accustomed to the learning environment. The course begins with intensive training giving trainees a solid foundation in education theory. Trainees will then join a primary class and begin increasing their role in their learning as their skills and understanding build.

During the course, trainees will be supported by a trained Mentor and lead practitioners. They will benefit from being part of a group of trainees with a support network and a programme of developmental seminars and conferences.





## Where we are

Trainees will be based in one of our schools situated in Birmingham and the wider West Midlands region, including Rubery, Kings Norton, Walsall, Quinton, Northfield, Longbridge, Cannock. [See our Academies](#)

Seminars and conferences will be held at our conference facility in Birmingham city centre, with excellent access from New Street station.

## Finance

Training as a teacher is an investment in your future. Teaching is a wonderful profession that gives you the potential to have a hugely positive impact on the lives of future generations.

Training to teach takes commitment, not just of your time but financially. In the long-term, teaching can be a hugely rewarding career that has good stability, progression and high salary levels. However, the training year is a full-time course, and you will need to budget accordingly. You can find out more about finances and practical support for training to teacher from the [Get Into Teaching website](#).

## How to apply

We offer two courses specialising in either Early Years and Key Stage 1 (3-7years) or Primary (5-11years). Both courses qualify you to work across the primary phase. Your choice will indicate where the majority of your training will be based but will not limit the primary age range you can work in during your career. If you would like to discuss your choice please contact [itt@greenheartlearning.org](mailto:itt@greenheartlearning.org)

Applications are open. Apply through the GOV.UK teacher training website, or follow the links below directly to our courses:

[PGCE Early Years and Primary \(3-7\)](#)

[PGCE Primary \(5-11\)](#)



For more information, visit our website [www.greenheartlearning.org/ITT](http://www.greenheartlearning.org/ITT)



**GREENHEART**  
PRIMARY TEACHER TRAINING





# MENTAL HEALTH SUPPORT TEAM



If you see one of  
us around school,  
please do not  
hesitate to say hi!

## TERMLY NEWSLETTER TO PROMOTE MENTAL HEALTH AND POSITIVE WELLBEING Welcome to MHST's pupil newsletter

### LOW MOOD

We all have lots of different emotions that we feel. Sometimes we feel happy, sad, scared, worried or excited. When people feel sad for a long time this is called low mood. Everybody feels low sometimes and that is okay. Low mood can become a problem if it is lasting for a long time and you are struggling to feel better.

#### What does low mood feel like?

I want to cry, all  
the time

I feel like I have a  
heavy black cloud  
over me all the time

I just don't want to  
do anything  
anymore

#### REMEMBER

It is ok to feel sad sometimes, but it is important we know how to make ourselves feel happy again. Learning and understanding what makes you feel low can help us you know what to do when you feel sad.

#### Examples of things you can do to make you feel happy:

- Playing a game
- Going shopping
- Having a talk with friends
- Colouring or drawing
- Playing sports
- Help with the gardening
- Cleaning bedroom
- Helping out with grandparents



#### Reaching out

##### Pause:

Forward Thinking Birmingham's drop in wellbeing service for young people up to 25.

##### YoungMinds:

Charity supporting children and young people with their mental health.

##### #You'vebeenmissed

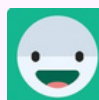
Mental health resources for parents and children.

**Mental Health Support Team** – we work in your school and are available to help you, if needed

#### Helpful App

##### Dailyo Journal – Mood Tracker (via PlayStore)

Free Mood Tracking App for teens and adults to give insight in mental health and activities that promote a good mental health and wellbeing



#### Examples of things you can do to improve your mood:

Make a list of the things that help raise your mood and are meaningful to you. Keep this list somewhere you can easily look at so that you can use it when you are feeling low.

