



Children's Mental Health Week

1st - 7th February

To support Children's Mental Health week, the children have been doing various activities in school and at home. These have included baking, designing their own gardens and masks. Children also took part in free-hand drawing to express themselves. We took lots of pictures in school.



Year 5 made their own Wellbeing boxes. When they do something that makes them feel happy, they write a note and pop it in. Then if they ever feel sad, they can open them up and think about the many good things that make them feel happy!



A HUGE THANK YOU & WELL DONE!

We would like to say THANK YOU to all parents for your continued support through this lockdown. Also a huge WELL DONE to all the children who are always working so hard in school and at home!

Class	Home Learning star of the week	Star of the week in school
3D	Ariam K	Year 3: Trey M
3E	Freddie B	
4K	Tyler L	Year 4: Mia P
4S	Stephanie M	
5W	Evaa A-H	Year 5: Ethan G
5F	Reggie R	
6R	Ciara W	Year 6: Brooke C
6B	Emily W	

Safeguarding reminder: Remember to report any safeguarding concerns to the Birmingham CASS Team 0121 303 1888.

**The Reaside Way:
Communication - Pride - Respect - Safety**

**PLEASE SHARE - COVID-19 UPDATE IN THE FRANKLEY AREA
Extra testing in Frankley Great Park and parts of south Northfield due to COVID-19 variant**

The South African variant has been found in Frankley. Urgent action is required. All residents, over the age of 18, who are living or working in Frankley Great Park ward and part of south Northfield between Frankley and the A38, since 1 January 2021, should take a PCR COVID-19 test this week through one of the designated sites in the area, even if you are not showing symptoms. You can find details below for locations. Mass testing will start tomorrow at St Modwen's on Longbridge Business Park, with more venues to open across the Ward later this week.

Full details are here:

<https://www.birmingham.gov.uk/news/article/805/extra-testing-in-frankley-great-park-and-parts-of-south-northfield-due-to-covid-19-variant>

What you can and cannot do during the national lockdown
You must stay at home. The single most important action we can all take is to stay at home to protect the NHS and save lives. You should follow this guidance immediately. This is **the law**.

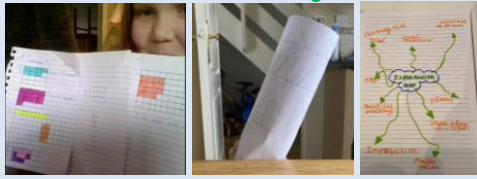
Leaving home

You must not leave, or be outside of your home except where necessary. You may leave the home to:

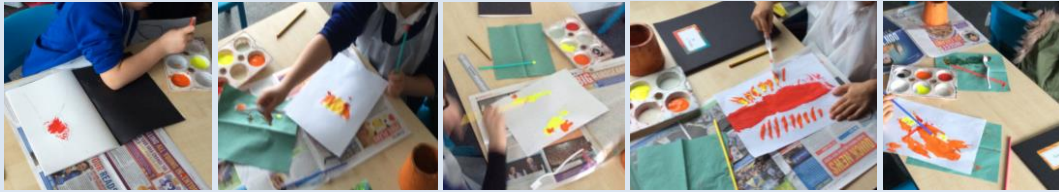
- shop for basic necessities, for you or a vulnerable person
- go to work, or provide voluntary or charitable services, if you cannot reasonably do so from home
- exercise with your household (or support bubble) or one other person (in which case you should stay **2m apart**). Exercise should be limited to once per day, and you should not travel outside your local area.
- meet your **support bubble** or **childcare bubble** where necessary, but only if you are legally permitted to form one
- seek medical assistance or avoid injury, illness or risk of harm (including domestic abuse)
- attend education or childcare - **for those eligible**
- If you do leave home for a permitted reason, you should always stay in your local area - unless it is necessary to go further, for example to go to work.
- Staying in your local area means stay in the village, town, or part of the city where you live.
- If you are **clinically extremely vulnerable** you are advised to only go out for medical appointments, exercise or if it is essential. It is recommended that you do not attend work.



Children's learning this week



Year 4 have worked hard on area this week, Mia-Rae did a great job drawing the shapes out to find the correct area. The children have also been researching to find out about Italian cities. The children found out some interesting facts. Year 4 have also been busy learning about explanation texts and identifying all of the key features.



In Art this week, our Year 3 bubble have been using paint, straws and toothbrushes to create a lava effect following their volcano topic. They look great!!



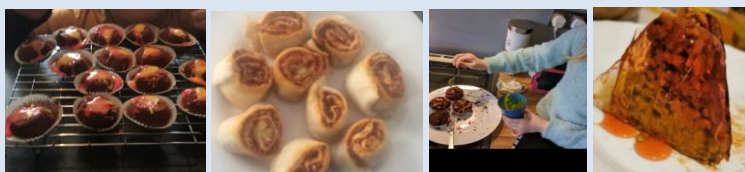
As part of Year 6 science topic this week, the children have been classifying animals. Here is Millie's work she did at home. Well done!



As part of Year 3's English work, children have been designing their own shoes and advertising them! Here are George 3D, Ethan 3E and Freddie's 3E. As part of Mental Health Week, Year 3 have also completed activities, including designing their own garden and designing their own masks! They also had a wonderful afternoon making volcano models! We started by making the structure before using paper mache. We can't wait to start painting them!



During Children's Mental Health week, year five has focused on positivity. They have looked at what makes us happy and what we are good at. There has been some fantastic work that's been sent through- well done year 5! Also, this week, Year 5 began their poetry module. We have focused on the poem by Grace Nichols 'When the Colours Spoke'. We looked at what features are in the poem and have started to write our own verses. We have had some fantastic work so far! Year five have been really creative with their writing.



Year 3 children at home were given the task of baking! We have had lots of yummy treats sent back to us!

For further information regarding what's going on at Reaside Academy, please visit our website - www.reasideacademy.co.uk Follow us on twitter

If you wish to contact us please email enquiry@reaside.uwmat.co.uk or phone 0121 675 7235.