



Reaside Academy

Learning and Achieving Together

Attendance for
w/c 12/03/2020

95.7%

Menu No. 2
w/c 19/03/2020

Dates for your diary

- Year 4 swimming - 4K start swimming on Friday 28th February for six weeks.
- Sports Relief event - Whole school event - Friday 13th March
- Trip to Sandwell Valley (Year 5) - Thursday 17th March
- 'A-Life' Fitness session and alcohol and smoking awareness - Whole school event - Thursday 19th March
- Parents evening - Whole school - Monday 23rd March
- RE Day (Christianity) - Wednesday 25th March

After school clubs/Lunchtime clubs - Spring 2

- Monday - Cardio (Year 5 only) - 3.30-4.30pm
- Tuesday - Circuits (Year 6 only) - 3.30-4.30pm
- Tuesday - Art club (Year 5 & 6 only) - 3.30-4.30pm
- Wednesday - Dance (Year 3 only) - 3.30-4.30pm
- Wednesday - Health & Fitness club with Commando Joe Year (5 & 6 only) - 3.30-4.30pm
- Thursday - Yoga (Year 4 only) - 3.30-4.20pm
- Thursday - Art club (Year 3 & 4 only) - 3.30-4.30pm
- Year 5/6 Ukulele/Guitar club - Tuesday lunchtime and Wednesday lunchtime- Group 1 - Beginners 12.30-1.00pm Group 2 - Advanced 12.45 - 1.15pm. **Invite only**
- Thursday lunchtime 12.45- 1.15pm - Dance **Invite only**
- Friday lunchtime 12.30 - 1pm - Dance **Invite only**

No celebration assembly on Friday. We have our Sports Relief Event all day.

The Reaside Way: Communication - Pride - Respect

REASIDE VALUE:
Being inclusive

What parents need to know about TikTok

BEING INFLUENCED
More than one third of children aged 6-17 consider social media stars to be among their top role models. There are millions of creators on TikTok, showcasing their talents, talents, and knowledge, from singing to dancing to stunts and comedy skits, which receive thousands of likes and comments from around the world, quickly turning people into stars. There is the danger that children may develop unrealistic expectations of how they should look and behave on the app in order to become the next 'star'. They may have feelings of inadequacy and low self-esteem or become obsessed by certain opinions.

CONCERNING CONTENT
Some of the outfits and dance moves in videos can be overly sexual and provocative. There have also been reports of some users sharing concerning content, such as videos that promote dangerous trends and challenges.

IN-APP PURCHASES
Of course, as with many apps, there's a paid element to TikTok. There are lots of virtual gifts - for example, if they like a specific video, your child can use coins to purchase emojis to show approval. These can be redeemed for real money and easily purchased - there is the option to buy 10,000 coins for £37.99 with a one-click buy button.

DANGEROUS TRENDS & CHALLENGES
On TikTok, there are always new challenges and hashtags that users can copy or build upon, and sometimes, these challenges can pose risks to young people.

STRANGERS CAN FOLLOW YOUR CHILDREN
If your child's profile is open, strangers can use the app to comment on your child's videos. While this isn't always sinister, it gives potential predators the ability to contact your child through the platform.

ANYONE CAN SEE YOUR CHILD'S CREATIONS
TikTok encourages users to share their passion and creative expression through their videos, and while something may seem fun at the time, videos can get in the wrong hands and cause embarrassment in the future. If posted publicly, anyone in the world can see your child's homemade music videos and potentially cause bullying within personal friendship groups or even online.

TALK ABOUT THE PITFALLS OF OVERSHARING
Encourage your kids to always think before they do, say, like or post anything online, explaining that their 'digital footprint' can shape their online reputation and the way that other people see them. Something they may find funny and entertaining now may impact them in the future. Talk about how to deal with peer pressure and how doing something they think will impress others could affect them.

HANDLING CRITICISM
While it's fantastic to see your child being creative and expressive and bonding with people with similar interests, they need to be aware that not everyone will be supportive online. Comments can be negative or even cruel. Make sure they know how to comment respectfully and handle negative feedback. In the app's Privacy and Safety settings, your child can decide who can react to their videos, who can comment, and who can send them private chat messages. We suggest using these settings so only their friends can interact with their posts.

USE THE DIGITAL WELLBEING SETTING
If you're concerned about the amount of time your child is spending on TikTok, in the app's settings, you can switch on a feature called Digital Wellbeing. This includes Screen Management to limit the amount of time your child spends on the app.

REPORT INAPPROPRIATE CONTENT
If you or your child see something on TikTok that appears to be inappropriate, they can report content in different ways within the app. They can report an account, video, comment or chat conversation by simply tapping 'Report' in the app's Digital Wellbeing feature, there is also an 'Enhanced Restricted Mode', which limits the appearance of videos that may not be appropriate for all audiences.

AVOID IDENTIFIABLE OBJECTS
To ensure that there's no way of anyone locating your child's location or identity, make it clear to them that they should never film a video in their school uniform or near a landmark that gives away where they live.

DISCUSS IN-APP PURCHASES
To lower the risk of your child making accidental in-app purchases, teach them exactly what in-app purchases are and the risks of making them without permission. Tell them that they are not essential to enjoy the app and that if they want to make a purchase, they should always ask you beforehand. In the app's Digital Wellbeing feature, there is the option to disable the function of purchasing coins and sending gifts.

Top Tips for Parents

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National Online Safety

www.nationalonlinesafety.com

There are children who may be using Tik Tok at home. We advise parents/carers to read the leaflet carefully. For more information visit www.nationalonlinesafety.com

Safeguarding reminder: Remember to report any safeguarding concerns to the Birmingham CASS Team 0121 303 1888.



Public information - Coronavirus

CATCH IT

Germs spread easily. Always carry tissues and use them to catch your cough or sneeze.



BIN IT

Germs can live for several hours on tissues. Dispose of your tissue as soon as possible.



KILL IT

Hands can transfer germs to every surface you touch. Clean your hands as soon as you can.



Advice on the coronavirus for places of education

How serious is the coronavirus?

- it can cause flu-like symptoms, including fever, cough & difficulty breathing
- the infection is not serious for most people, including children
- there is currently no vaccine
- most people get better with enough rest, water to drink and medicine for pain

How likely are you to catch the virus?

- you can only catch it if you have been close to a person who has the virus
- the chance of being in contact with the virus is currently low in the UK
- if you have travelled to areas where many people are infected, your chance of catching the virus is higher, i.e. China and any affected areas

How can you stop coronaviruses spreading?

If you need to cough or sneeze

- Catch it with a tissue
- Bin it
- Kill it by washing your hands with soap & water or hand sanitiser

You should wash hands with soap & water or hand sanitiser

- After breaks & sport activities
- Before cooking & eating
- On arrival at any childcare or educational setting
- After using the toilet
- Before leaving home

- ✓ Try not to touch your eyes, nose, and mouth with unwashed hands.
- ✓ Do not share items that come into contact with your mouth such as cups & bottles.
- ✓ If unwell do not share items such as bedding, dishes, pencils & towels.

Stop germs spreading with our e-Bug resources on hand and respiratory hygiene lesson plans for KS1, 2 and 3: campaignresources.phe.gov.uk/schools

What should you do if you feel unwell?

Keep away from others and stay at home to stop the infection spreading. Avoid public transport if you think you have symptoms of coronavirus. If you become unwell at a place of education, tell a member of staff and let them know if you have travelled to any other countries in the last 14 days.

If your staff member or parent thinks you have symptoms of coronavirus, they should call **NHS 111** for advice. Follow the UK Government advice for childcare or educational settings [gov.uk/government/publications/guidance-to-educational-settings-about-covid-19](https://www.gov.uk/government/publications/guidance-to-educational-settings-about-covid-19). Parents can visit [NHS.UK](https://www.nhs.uk) to find out more information. Teachers and support staff should follow the UK Government advice.

Staff, students and pupils who have returned from Iran, specific lockdown areas in northern Italy, special care zones in South Korea or Hubei province China (returned in the past 14 days) should self isolate, and NOT attend education or work for 14 days. See [NHS.UK](https://www.nhs.uk) for advice on coronavirus.

If there is an emergency, call 999 immediately



CORONAVIRUS: PUBLIC INFORMATION

The Government and NHS are well prepared to deal with this virus.

You can help too.

Germs can live on some surfaces for hours. To protect yourself and others:

- Always carry tissues with you and use them to catch your cough or sneeze.
- Bin the tissue, and to kill the germs, wash your hands with soap and water, or use a sanitiser gel.
- If you have arrived back from China within 14 days follow the specific advice for returning travellers.

This is the best way to slow the spread of almost any germs, including Coronavirus.

Find out more at [gov.uk/coronavirus](https://www.gov.uk/coronavirus)

A-Life Fitness sessions at Reaside



This week a qualified coach from A-Life has spent the day encouraging, teaching and developing your children's awareness of healthy living. The children spent the morning doing various exercises and had great fun.

Polite reminders for parents/carers

Parking

If you drive to school and park within the close, could we please ask that you park sensibly and considerately. There should not be any cars parked on the yellow markings outside school at any point. Those markings are there for the safety of our children. We appreciate parking is limited and advise if possible, parents and children walk to school.

Absence

Please remember to report all children's absence to the main office. Without a reason for your child's absence, we are unable to authorise this. We ask that for any medical appointments, we have a copy of the appointment letter.

Energy drinks

Children must not bring energy drinks into school. Only water, squash or juice is suitable to bring to school.

Year 4 Forest School

All children must bring in their suitable clothing every Tuesday for Forest School.

For further information regarding what's going on at Reaside Academy, please visit our website - www.reasideacademy.co.uk Follow us on twitter

If you wish to contact us please email enquiry@reasideacademy.com or phone 0121 675 7235.