



I would like to introduce myself - I am Miss Campbell. Some of you may already know me from the Pastoral Team at Reaside Academy. My passion for nature and nurture has led me on a new adventure to becoming your Forest School leader.

In Forest School all children are given the opportunity to experience and enjoy learning through child-led play, risk-taking and reflection in the outside environment. The holistic approach encourages children's imaginations and creates the desire to understand and respect the natural world around them



The aims of Forest School are...
To promote self-confidence and self-esteem.
Develop communication and social skills.
Build resilience.



The children will do this by taking part in...

- *Natural art & craft activities.
- *Den building & knot skills
- *Circle time
- *Nature and wildlife discovery, observation and appreciation.
- *Problem solving activities.
- *Music making.
- *Storytelling.
- *Using imagination.
- *Physical challenges.
- *Team building activities.
- *Child-initiated play.

We will be outside in all seasons apart from extreme weather conditions. So please ensure children are dressed appropriately. Plenty of sun protection on sunny days/extra layers in the winter. The school provides wellies and waterproofs but it is best to wear old clothes, and bring spares, as things can get very muddy!